The Sexual Health of Gay Men and other MSM: HIV/STD Prevention Plus

Kenneth Mayer, M.D.
The Fenway Institute/Brown University
April 26, 2010
What is Fenway Health?

- Founded 1971: Primary care neighborhood health center
- >15,000 primary care patients
- Diverse populations, specializing in the care of sexual and gender minority people
- Largest primary care center for MSM in New England
- Approx. 6000 MSM patients; >1200 HIV+ pts in care
- Involved in NIH, CDC and HRSA funded research, since the start of the AIDS epidemic
The Fenway Institute

- Interdisciplinary center of excellence
- Focus on health promotion, disease prevention
- Addresses the needs of diverse lesbian, gay bisexual, and transgender (LGBT) communities, people living with HIV/AIDS and other community-based initiatives
- Approaches: Research and evaluation, professional development, community education, and health policy advocacy.
- Local, national and international impact.
Faculty and Investigators

Judith B. Bradford, PhD
Director of the Center for Population Research in LGBT Health, Co-Chair of The Fenway Institute (TFI)

- **Appointments**: Associate Professor of Epidemiology and Community Health and Director of Community Based Research, Institute of Women Virginia Commonwealth University
- **Focus**: Survey Research, Program Evaluation, Research Methods for Underserved Populations; HIV Prevention, Lesbian Health, Transgender Health

Harvey J. Makadon, MD
Director of Professional Education and Development (TFI)

- **Appointments**: Clinical Professor of Medicine, Harvard Medical School; Attending Physician, Beth Israel Hospital, Boston
- **Focus**: Graduate and Postgraduate Medical Education, Global Health, LGBT Health, HIV Clinical Care HIV Prevention, Primary Care
The health care issues surrounding sexual minorities is an area in which little research and few studies have been conducted, and in which practical knowledge and guidance has been hard to find. Until now.

Introducing The Fenway Guide to Lesbian, Gay, Bisexual, and Transgender Health! Written by leading clinicians in the field of LGBT health and in conjunction with the world renowned Fenway Community Clinic, this one-of-a-kind comprehensive resource helps healthcare professionals gain a better understanding of the health issues pertinent to the LGBT patient and community.

Areas of Interest:
- Understanding the developmental lifecourse of the LGBT patient
- The process of coming out and identity formation
- Providing a LGBT patient with proper health promotion and disease prevention
- Evolution of sexual expression
- The basics of transgender and intersex health
- Demographic and epidemiological information
- LGBT psychosocial and legal issues
- Disorders of sex development (DSDs) and the clinical challenge

Designed to address the needs of diverse clinicians, this book provides medical professionals with guidance, practical guidelines, and discussions of clinical issues relevant to the LGBT population. The Fenway Guide to Lesbian, Gay, Bisexual, and Transgender Health is an invaluable reference for healthcare professionals seeking further knowledge and guidance on sexual minority health care!
Steven Safren, PhD
Affiliated Investigator

- **Appointments:** Associate Professor in Psychology, Harvard Medical School; Director Behavioral Medicine, Dept. of Psychiatry, Massachusetts General Hospital
- **Areas of Research:** Medication Adherence, Depression, MSM Health, Global HIV/AIDS, HIV Prevention, Behavioral Interventions

Conall O’Cleirigh, PhD
Affiliated Investigator

- **Appointments:** Instructor in Psychology, Harvard Medical School; Dept. of Psychiatry, Massachusetts General Hospital
- **Areas of Research:** CBT for HIV Prevention; Trauma Treatment and Stress Management: Gay and Bisexual Men’s Health; Psychoimmunology
Matthew J. Mimiaga, MPH, ScD
Affiliated Investigator

- **Appointment:** Instructor in Psychiatry at Harvard Medical School/Massachusetts General Hospital

- **Areas of Research:** HIV/AIDS, Mental Health and Substance Use, Psychiatric and Infectious Disease Epidemiology, Global Health

Patricia Case, MPH, ScD
Senior Research Scientist

- **Appointment:** Associate Professor of Community Health, University of Vermont

- **Areas of Research:** Medical Anthropology, HIV/AIDS Prevention, Lesbian Health, Substance Use, Global Health, Methodological Research
Lori A. Panther MD, MPH
Associate Medical Director for Clinical Research

- **Appointments:** Assistant Professor of Medicine, Harvard Medical School, Beth Israel Deaconess Medical Ctr.

- **Areas of Research:** HPV Infection, HPV-Related Malignancy Complications of HIV/AIDS, HIV and HPV vaccine research

Jennifer Adelson-Mitty, MD Research Physician

- **Appointments:** Assistant Professor of Medicine, Harvard Medical School, Beth Israel Deaconess Medical Ctr.

- **Areas of Research:** Medication adherence, substance abuse treatment in hard to reach HIV-infected populations
David Pantalone, PhD
Behavioral Scientist

- **Appointment:** Assistant Professor of Psychology, Suffolk University

- **Areas of Research:** HIV prevention, medication adherence; substance use; health impacts of interpersonal violence; LGBT mental and physical health

Scout, PhD
Research Scientist

- **Appointment:** Adjunct Clinical Assistant Professor of Social & Behavioral Sciences, BU School of Public Health

- **Areas of Research:** Tobacco Cessation and Public Policy, Transgender Health
Margie Skeer, MPH, ScD  
Research Scientist

- **Affiliation:** Postdoctoral Research Fellow at the Brown University Center for Alcohol and Addiction Studies
- **Areas of Research:** Adolescent Risk Behaviors, Substance Abuse, Mental Health, HIV Prevention

Sari L. Reisner, MA

- **Epidemiology Projects Manager**
- **Affiliations:** Doctoral Student, Dept of Society, Human Development, and Health, Harvard School of Public Health
- **Areas of Research:** Social and Psychiatric Epidemiology, Health Disparities, Transgender Health
Why this meeting?

- Unfavorable epidemiological trends
- Uniquely responsive federal administration
- New technologies offering new ways of engaging, esp. electronic media
- Need to re-frame the discussion
- MSM are highly aware how HIV/STDs are transmitted, but have other issues in their lives
- Need for a more holistic approach to MSM sexual identities, which acknowledges that sex is integral to our humanity/experience
Estimated HIV prevalence: 1,106,400 (95% CI 1,056,400 - 1,156,400)
Prevalence ↑ in partly due to ↑ survival

Campsmith M, et al. 16th CROI; Montreal, Canada; February 8-11, 2009. Abst. 1036.

MSM= men who have sex with men. IDU=Injection Drug Use.
HRHC= High-risk heterosexual contact. Defined as heterosexual contact with a person known to have, or to be at high risk for HIV infection.
“Zipless Fuck”

Phrase coined by Erica Jong

“….Sexual encounter between strangers that has the swift compression of a dream and is free of remorse and guilt.

It is absolutely pure, there is no power game and it is free of ulterior motives. It has also been described as the perfect one night stand.

The zipless fuck is the purest thing there is, rarer than the unicorn and I have never had one.”
“No, we are not twins.”
MANHUNT Cares

What do you want to know?

Come on... don't be shy, ask away!

I'm a safer sex educator at Fenway Health! Email or IM me with questions about safer sex, STDs, HIV testing, and medical and behavioral health referrals. Need health insurance? Want to try M-Factor, free peer counseling on sexual health and negotiation? Ask! Also visit www.fenwayhealth.org/doctorcox to email a medical provider.

Guidelines prevent me from contacting you first, so go ahead, email me! To confirm that this is a valid Manhunt Cares health profile, click on the 'HEALTHY' above or visit www.manhuntcares.com.

Fenway Health
1340 Boylston Street
Boston, MA 02215
www.fenwayhealth.org

Last login: Last Week
Can one Pill a day PREVENT HIV?

HIV-Negative Gay/Bi Men Needed to Participate in Research. Project PrEPare 2. This study will test if a daily medication can prevent HIV-infection in HIV-negative men.

Be: HIV-negative, 18+, and sexually active.

Interested? Please call Fenway Community Health.

7 Haviland St. Boston, MA 02115 617.927.6450 or visit the website at www.fenwayhealth.org/prep2
Ground Rules

- Lots of really bright and creative people
- PLEASE, STICK TO YOUR TIME
- There are breaks, meals, receptions, after hours parties, and email, for more conversation
- Before we part, please let us know:
  - Should this happen again, if so how, when?
  - How to best share information with other stakeholders?

There will be a supplement of the meeting in AIDS and Behavior
Organizing Committee Members

Judy Auerbach
Cornelius Baker
David Burns
Kendall Bryant
Alex Carballo-Dieguez
Grant Colfax
Carl Dieffenbach
Brain Feit
Andrew Forsyth
Rob Garafalo
Matt Golden
Hilary Goldhammer
Cynthia Grossman
Matthew Hogben
Richard Jenkins

Kent Klindera
Steve Morin
Jim Pickett
David Purcell
Steve Safren
Ron Stall
Steve Shoptaw
Rodney Vanderwarker
Sten Vermund
Steve Wakefield
Darrell Wheeler
Rich Woltiski
Sheryl Zwerski
OAR, CDC, amFAR, JSI
Thank you

- Hilary Goldhammer
- Rodney VanDerwarker
- Sue Johnson
- Shari Cole
- Mike Bettencourt
- Jarrett McGilloway
- Randy Todd
- Matt Fay
- Tom Kane

- Ken Levine
- Paul Glass
- Aimee VanWagenen
- Bill O’Brien
- Haley Shainker
- Janet Dargon
- Charles Covahey
- Paul Crawford
- Ronn Bill
Welcome to Planet Fenway, Please have fun